



# EMERGENCY MEDICAL TECHNICIAN COURSE

Dear Prospective EMT Student –

Thank you for your interest in the EMT Course. The intention of the Emergency Medical Technician (EMT) certification program is to train an individual to function independently in a medical emergency. The course provides the basic knowledge and skills needed to deliver Basic Life Support (BLS) care and is required to progress to more advanced levels of prehospital patient care.

The course requires a minimum of 154 hours of classroom and skills instruction and approximately 40 hours of Clinical/Field rotations. For these rotations, you will need to ride an **ambulance** to obtain ten (10) patient contacts. This course is setup to train individuals to serve as a vital link in the chain of the health care team. This includes all skills necessary to provide emergency medical care as an attendant-in-charge (AIC) on a BLS ambulance.

Eligibility to attend an Emergency Medical Technician course in Virginia requires that you must:

- (1) Be proficient in reading, writing and speaking the English language.
- (2) Be a minimum of 16 years of age at the beginning date of the certification course. If less than 18 years of age, you must provide the course coordinator with a completed parental permission form with the signature of a parent or guardian verifying approval for enrollment in the course.
- (3) Have no physical or mental impairment that would render them unable to perform all cognitive and psychomotor skills required for that level of certification.
- (4) Hold current certification in an Office of Emergency Medical Services approved Cardiopulmonary Resuscitation (CPR) course at the beginning date of the course. This certification must also be current at the time of state testing.

The majority of the classes will be at the Shannon Training Center located at 8711 Courthouse Road in Spotsylvania County. Classes take place on Mondays, Wednesdays and some Saturdays (the schedule is below). Topic schedule may change, but the dates will remain.

We will offer two CPR Courses the first being held on Monday 07MAR22 starting at 06:00 PM OR Wednesday 09MAR22 starting at 06:00 PM. If you are unable to attend our dates, you can take a course from another source, but must have a card in hand by 09MAR22 if you are not taking one of our classes.

The current CPR courses, which are acceptable by the Virginia Office of EMS to meet the standard, are:

- American Heart Association - Basic Cardiac Life Support - "Healthcare Provider"
- American Red Cross - "CPR/AED for the Professional Rescuer and Healthcare Provider" or CPR/AED for Lifeguards
- American Safety and Health Institute – "CPR-PRO"
- Emergency Care and Safety Institute "Professional Rescuer" / "Healthcare Provider CPR & AED"  
EMERGENCY MEDICAL TECHNICIAN COURSE
- EMS Safety Services, Inc. – CPR/AED for Professional Rescuers (2/1/2014)
- Medic First Aid - BLS for Professionals "BLSPRO"
- National Safety Council – "Healthcare and Professional Rescuer"
- ProCPR – "Healthcare Provider"

The cost for the course is \$400. This includes electronic textbook, CPR certification, student shirt, initial testing fees, blood pressure cuff and stethoscope. This fee will be due on the first night of EMT class. You will need to have access to a computer or tablet for this class and to access your textbook. Homework, quizzes and/or tests will require the use of a computer or tablet both inside and outside of class. You must have time to study and practice outside of class to be successful. You should factor in at a minimum of eight hours of study/practice time each week.

There will be an informal interview (more of a meet and greet) setup after your pre-course exam set for 05MAR22. When we receive your application and schedule your pre-course exam, we will send you a study guide for the exam. We will contact you via e-mail to confirm date. If you do not receive an e-mail setting up the interview, please contact me at [madisonkg@gmail.com](mailto:madisonkg@gmail.com). The exam should take about an hour and then we will interview in order of completion after the exam. The exam is not a pass/fail more of an idea of where the class will be starting. If the 5<sup>th</sup> of March does not work for you, we will work to accommodate your schedule within reason.

Please e-mail your applications to Course Coordinator at [madisonkg@gmail.com](mailto:madisonkg@gmail.com). Anyone registering for this class must submit an application. If you do not have the capability to e-mail the application, please contact the Course Coordinator to make other arrangements. If you should have any questions, please feel free to contact the Course Coordinator. By or before 6PM on 14MAR22, you will receive acceptance into the EMT class.

*Kimberly G. Madison*

Kimberly Madison, Course Coordinator  
[madisonkg@gmail.com](mailto:madisonkg@gmail.com)  
540-840-1709 cell phone

# EMT BASIC COURSE APPLICATION

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone(s): \_\_\_\_\_

Date of Birth (must be 16 on first day of class): \_\_\_\_\_

Member of an agency? YES/NO; If YES which one? \_\_\_\_\_

Email: \_\_\_\_\_

County of Residence: \_\_\_\_\_

**I can attend the mandatory pre-course exam and short meet and greet with instructors.**

Yes or  NO \_\_\_\_\_ Saturday 05MAR22 - 0900-completion

Please note if you need CPR you will need to select a different date from your CPR class

**Do you have current certification in one of the listed CPR courses? Yes \_\_\_\_\_ No \_\_\_\_\_**

If yes, attach a copy of your card to your application (Must be valid through July 2022)

If no, please check which class you will attend:

MON - 07MAR22 6PM until completion

WED - 09MAR22 6PM until completion

## **Please Answer:**

Why do you want to take the NREMT class?

\_\_\_\_\_

Do you have time to put in time outside of class hours? (At least 8 hours/week)

\_\_\_\_\_

What do you intend to do with your NREMT Certification once obtained?

\_\_\_\_\_

You are required to bring a tablet, iPad or computer brought to class for online activities. Any issue?

\_\_\_\_\_

Are you interested in volunteering with Spotsy Vol Rescue Squad or Fire Dept?

\_\_\_\_\_

\_\_\_\_\_

My signature below certifies that I meet the minimum requirements listed on the information sheet.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Spotsylvania Volunteer Rescue Squad**  
**EMT Course**  
**March 2022 – July 2022 (\*tentative, subject to change\*)**

Unit	Date/Day	Time	Topic	CH	Instructor
Interviews	MAR 5 <sup>th</sup>	9a-3p	Pre-Course Exam followed by Interviews		
CPR	MAR 7 <sup>th</sup> OR MAR 9 <sup>th</sup>	6:00p-10p	CPR (Monday or Wednesday) Only if you need CPR		
Students notified no later than 6p on Monday 14MAR22 if you are in the class					
	MAR 21 <sup>st</sup> Monday	6:30p-10p	Course Introduction and Overview CISM		
	MAR 23 <sup>rd</sup> Wednesday	6:30p-10p	EMS System & Workforce Safety and Wellness		
	MAR 28 <sup>th</sup> Monday	6:30p-10p	Medical, Legal and Ethical Issues		
	MAR 30 <sup>th</sup> Wednesday	6:30p-10p	Communication & Documentation <b>Practical Skill – Radios</b>		
	APR 4 <sup>th</sup> Monday	6:30p-10p	Infection Control		
	APR 6 <sup>th</sup> Wednesday	6:30p-10p	Medical Terminology The Human Body		
<b>Operations</b>	APR 9 <sup>th</sup> Saturday	8:30a-5p	HAZMAT		
	APR 11 <sup>th</sup> Monday	6:30p-10p	Life Span Development Lifting and Moving Patients Patient Assessment		
	APR 13 <sup>th</sup> Wednesday	6:30p-10p	Transport Operations Vehicle Extrication & Special Rescue		
	APR 18 <sup>th</sup> Monday	6:30p-10p	Team Approach HELO OPS (TBD) / Review for OPS Test		
	APR 20 <sup>th</sup> Wednesday	6:30P-10P	Terrorism Response and Disaster MCIM I		
	APR 23 <sup>rd</sup> Saturday	08:30a-5p	MCIM I – Tabletop <b>Practical:</b> Vitals signs / Lifting and moving Stretcher and Stair Chair		
<b>Airway</b>	APR 25 <sup>th</sup> Monday	6:30p-10p	<b>Operations Test (Ch 8, 38- 41)</b> <b>Practical Skill – Stretcher load / Stair Chair</b>		
	APR 27 <sup>th</sup> Wednesday	6:30p-10p	<b>Operations Retest</b> <b>Practical Skill – Stretcher load / Stair Chair</b> Patient Assessment Airway Management		
	APR 30 <sup>th</sup> Saturday	8:30a-5p	<b>Practical:</b> Airway; Vital Signs; KING LTD, Capnography ; Suctioning		

<b>Cardiology</b>	May 2 <sup>nd</sup> Monday	6:30p-10p	<b>Operations Remediation Due</b> Respiratory Emergencies Principles of Pharmacology		
	MAY 4 <sup>TH</sup> Wednesday	6:30p-10p	<b>Airway Test (1-7, 10 &amp; 15)</b> <b>Practical Skill - Airway Skill Sheet</b> Shock <b>Research Project Topics Due</b>		
	MAY 9 <sup>TH</sup> Monday	6:30-10p	<b>Airway Retest (1-7, 10 &amp; 15)</b> <b>Practical Skill - Airway Skill Sheet</b> Cardiovascular Emergencies		
	MAY 11 <sup>TH</sup> Wednesday	6:30p-10p	<b>Airway Remediation Due</b> BLS Resuscitation lecture and practice		
	MAY 14 <sup>TH</sup> Saturday	8:30a-5p	<b>Practical:</b> EKG, Cardiac Assessment Cardiac Arrest Management, Airway Assist, Medication admin, Intro to medical/trauma assessment		
	MAY 16 <sup>TH</sup> Monday	6:30p-10p	<b>Cardiology Test (Ch 12-14, 17)</b> <b>Practical Skill - IM / IH Med Admin</b>		
<b>Trauma</b>	MAY 18 <sup>TH</sup> Wednesday	6:30p-10p	<b>Cardiology Retest</b> <b>Practical Skill - IM / IH Med Admin</b> Trauma Overview Bleeding & Shock		
	MAY 21 <sup>st</sup> Saturday	8:30a-10p	<b>Practical(s):</b> Splinting, Bleeding & Shock, Backboard; Airway		
	MAY 23 <sup>rd</sup> Monday	6:30p-10p	<b>Cardiology Remediation Due</b> Soft Tissue Injuries Face and Neck Injuries		
	MAY 25 <sup>th</sup> Wednesday	6:30p-10p	Head and Spinal Injuries Chest Injuries		
	JUN 1 <sup>st</sup> Wednesday	6:30p-10p	Abdominal and GU Environmental Injuries		
	JUN 4 <sup>th</sup> Saturday	8:30a-5p	Orthopedic Injuries <b>Practical:</b> Splinting, Spinal Immobilization, Trauma Assessment, Bleeding Control, <b>***First five (5) patient contacts due***</b>		
	JUN 6 <sup>th</sup> Monday	6:30p-10p	<b>Trauma Test (Ch 25-33)</b> <b>Practical Skill - TQ Placement or Splinting</b>		
	JUN 8 <sup>th</sup> Wednesday	6:30p-10p	<b>Trauma Retest</b> <b>Practical Skill - TQ Placement or Splinting</b> Medical Overview Neurologic Emergencies		

<b>Medical</b>	JUN 13 <sup>th</sup> Monday	6:30p-10p	<b>Trauma Remediation Due</b> GI and Urologic Endocrine & Hematologic, Immunologic Emergencies		
	JUN 15 <sup>th</sup> Wednesday	6:30p-10p	Toxicology Psychiatric Emergencies <b>Trauma and Medical Assessments Due</b>		
	JUN 18 <sup>th</sup> Saturday	8:30a-5p	<b>Practical:</b> Patient restraint, Neuro Assessments, Immunological Assessments, Medical Assessments and Endocrine Assessments		
	JUN 20 <sup>th</sup> Monday	6:30p-10p	<b>Medical Test (Ch 15, 18-23)</b> <b>Practical Skill - Checking a FSBS / BEFAST</b>		
<b>OB/Peds</b>	Homestretch ... All 10 Patient contacts, ICS 100, 200, 700 and 800 and Research Projects are all due soon. Medical and Trauma Assessments should have been submitted.				
	JUN 22 <sup>nd</sup> Wednesday	6:30P-10P	<b>Medical Retest</b> <b>Practical Skill - Checking a FSBS / BEFAST</b> GYN Emergencies OB and Neonate Care		
	JUN 25 <sup>th</sup> Saturday	8:30a-5p	Practical: MCIM, Wilderness Rescues, Environmental Assessments <b>*****AT RRTC*****</b> <b>***ICS 100, 200, 700 and 800 are due***</b>		
	JUN 27 <sup>th</sup> Monday	6:30p-5p	<b>Medical Remediation Due</b> Pediatrics		
	JUN 29 <sup>th</sup> Wednesday	6:30P-10P	<b>Geriatrics</b> <b>Special Populations</b>		
	JUL 6 <sup>th</sup> Wednesday	6:30p-10p	<b>Practical:</b> OB Assessments, Childbirth, Newborn Assessments		
	JUL 9 <sup>th</sup> Saturday	8:30a-5p	<b>Practical:</b> Final Psychomotor Practice		
	JUL 11 <sup>th</sup> Monday	6:30P-10P	<b>OB/PEDS Test (Ch 24, 34, 35)</b> <b>Practical Skill - Perform an APGAR / Assist with Complicated delivery</b>		
	JUL 13 <sup>th</sup> Wednesday	6:30P-10P	<b>OB/PEDS Retest</b> <b>Practical Skill - Perform an APGAR / Assist with Complicated delivery</b> <b>Final Review Psychomotor/Cognitive</b>		
	JUL 16 <sup>th</sup> Saturday	8:30a-5p	<b>Final ("State") Psychomotor Fisdap Cognitive Exam</b> <b>***All ten (10) patient contacts due***</b>		
	JUL 18 <sup>th</sup> Monday	6:30P-10P	<b>OB/PEDS Remediation Due</b> <b>Research Projects Due</b> <b>Last Day Paperwork</b> <b>Fisdap Cognitive/Psychomotor (Retest)</b>		
	JUL 20 <sup>th</sup> Wednesday	6:30P-10P	<b>Fisdap Cognitive/Psychomotor (Retest)</b>		

# Attendance Policy – CoVID Update

Attendance and participation in class is vital for the student's ultimate success in the program. Per the class rules, the student cannot be absent for more than eight (8) classes. This equals 10% of the overall class, and counts night classes as one (1), and full day classes as three (3). Should a student be more than 20 minutes late to class, they will be considered absent for the entire class. The tardy student will be allowed to participate in the remainder of the class. Should a student approach the limit of missed class, notification of such and a meeting with the Lead Instructor will be held to discuss the absences and ways to limit further instances. Make-up classes are NOT offered.

With current conditions necessitating quarantines to reduce spread of infectious pathogens, and desire of the Program to not punish students missing class for following the infection control plan, exceptions will be made. If a student has been informed of a need to quarantine, they are to contact the Lead Instructor as soon as possible to arrange for distance learning. This may be accomplished by use of video conference programs such as Meetings®, Zoom®, etc. Some classes with hands-on skills will not allow this distance learning, this does not excuse the student from understanding the material.

If quarantine prevents a student from in-person attendance for an exam, the student will be allowed to take the exam at home. This carries the additional requirements of a video conference program to be used to monitor the student taking the exam at all times. The student will be required to take the exam at the same time as the in-class students.

To return to class, the student will have to meet the current requirements as laid out by the Spotsylvania County Infection Control Plan. These requirements are constantly changing and the student is encouraged to reach out to the Lead Instructor to make sure they are following the current policy.

# Class Rules

1. No radios, or cellular phones in class. All computers, laptops, and/or tablets should have the volume muted and only be used for class related purposes and not become a distraction.
2. During lecture/field/clinical shifts, the student must wear the issued uniform, to include closed toe shoes, dark slacks (NO JEANS) and the issued uniform shirt must be worn at all times. While on a scene during field shifts, a reflective vest indicating the student's status is to be worn at all times.
3. No disruptive behavior will be allowed. If disruptive behavior continues, student will be recommended for additional disciplinary actions per policy
4. All students are expected to remain respectful of all students and instructors.
5. Active participation by all class members is expected in all aspects of lecture discussion and psychomotor sessions. Subject matter related questions are encouraged.
6. You are expected to arrive to class on time. Anyone arriving more than 20 minutes late is considered absent from class.

**Night Classes** begin at 6:30PM

**Day Classes** begin at 8:30AM

**\*\*\*\*Any Classes deviating from this standard will be indicated as such in the course schedule or in class\*\*\*\***

7. Missed classes (tardy and absences) may not exceed more than 10% in class course hours.
8. An overall 75% average must be obtained in order to qualify to sit for the State Certification Examination.
9. If a student receives a failing score on an exam, a remediation packet will be required to be completed to demonstrate a satisfactory understanding of the tested material. This remediation will only be offered twice. Should a third exam be failed, the student will be recommended for removal from the program.
10. If a remediation packet is found to not demonstrate a satisfactory understanding of the material as decided by the reviewing panel, the student will be recommended for removal from the program.
11. Anyone who falsifies information or is found to be cheating will be immediately removed from the program.
12. All day classes will be held at Fire/Rescue Station 1 and night classes will be held at Spotsylvania Volunteer Rescue Squad's Shannon Training Center unless otherwise specified.
13. Textbooks and course materials:

Each student is expected to report to class with:

- Computer/iPad/tablet
- Textbook (eBook or hard copy)
- Medium for note taking (electronic or paper)
- Writing implement
- Stethoscope and BP Cuff
- Issued PPE
- FISDAP Account

14. The primary text for this program will be:
  - a. Jones and Bartlett Advantage Access for Emergency Care and Transportation of the Sick and Injured, 11th edition (eBook provided)