



EMERGENCY MEDICAL TECHNICIAN COURSE

Dear Prospective EMT Student –

Thank you for your interest in the EMT Course. The intention of the Emergency Medical Technician (EMT) certification program is to train an individual to function independently in a medical emergency. The course provides the basic knowledge and skills needed to deliver Basic Life Support (BLS) care and is required to progress to more advanced levels of prehospital patient care. This is a fun class, but it does require time and commitment for class as well as studying/practicing outside of class. We use this as a recruitment tool to grow our membership in our volunteer rescue squad.

The course requires a minimum of 154 hours of classroom and skills instruction and approximately 24+ hours of Clinical/Field rotations. For these rotations, you will need to spend time working with an Attendant in Charge (AIC) on an **ambulance** to obtain ten (10) patient contacts. This includes going to the scene, transporting the patient to the hospital and **going into the hospital and turning over patient care to another healthcare provider**. You must be in good standing with the Office of EMS and all local hospitals. Any criminal/civil issues with OEMS or local hospitals must be disclosed prior to determine if they can be worked through. This course is setup to train individuals to serve as a vital link in the chain of the health care team. This includes all skills necessary to provide emergency medical care as an attendant-in-charge (AIC) on a BLS ambulance. This course requires students to be familiar with electronic devices (computer/iPad/tablet)

Eligibility to attend an Emergency Medical Technician course in Virginia requires that you must:

- (1) Be proficient in reading, writing and speaking the English language.
- (2) Be a minimum of 16 years of age at the ending date of the certification course. If less than 18 years of age, you must provide the course coordinator with a completed parental permission form with the signature of a parent or guardian verifying approval for enrollment in the course.
- (3) Have no physical or mental impairment that would render them unable to perform all cognitive and psychomotor skills required for that level of certification.
- (4) Hold current certification in an Office of Emergency Medical Services approved Cardiopulmonary Resuscitation (CPR) course at the beginning date of the course. This certification must also be current at the time of state testing.

Most of the classes will be at the Shannon Training Center located at 8711 Courthouse Road in Spotsylvania County. Classes take place on Mondays, Wednesdays and some Saturdays (the schedule is below). Topic schedule may change, but the dates will remain. The start time is 7pm.

We will offer a CPR Course on Saturday 01AUG26 starting at 0900 until complete. If you are unable to attend our date, you can take a course from another source, but you must bring a valid card the first day of class 15AUG26. If you need help finding an alternative CPR class, please let me know. If we have many conflicts, we will consider offering a second option. Just communicate if you need a class as soon as possible.

The Virginia Office of EMS requires that all individuals hold current certification in CPR by the approved end date of their EMT program. Under revised OEMS policy—effective March 2020—CPR has been made a co-requisite for BLS program enrollment. Completion of an approved course which tests the following skills is required:

- One and Two Rescuer C.P.R. – ADULT and CHILD
- Infant Resuscitation
- Complete Airway Obstruction – Unconscious Victim
- Complete Airway Obstruction – Conscious Victim
- Complete Airway Obstruction – Unconscious Infant
- Complete Airway Obstruction – Conscious/Choking Infant

The cost for the course is \$500 and is due in full on Saturday 15AUG26. This cost includes electronic textbook, CPR certification, student shirt, initial testing fees, blood pressure cuff and stethoscope. This fee will be due on the first day of EMT class. You will need to have access to a computer for this class and to access your textbook. Homework, quizzes and/or tests will require the use of a computer both inside and outside of class. You must have ample time to study and practice outside of class to be successful.

You are required to attend an informal interview. The informal interview (more of a meet and greet) will be Saturday 01AUG26, the same day as CPR class. If you also need CPR your interview will be conducted after class. If this date does not work for you we can schedule another day/time and potentially via zoom. Just communicate if need another date for the interview as soon as possible. The attached schedule is the tentative days/subjects.

E-mail your applications to the course coordinator at madisonkg@gmail.com. Anyone registering for this class must submit an application. If you do not have the capability to e-mail the application, please take a picture and text it to the number below. If you should have any questions, please feel free to contact the course coordinator listed below. By or before 1800 on 07AUG26, you will receive acceptance into the EMT class.

Kimberly G. Madison

Kimberly Madison, Course Coordinator

madisonkg@gmail.com

540-840-1709 cell phone

EMT BASIC COURSE APPLICATION

Full Name: _____

Address: _____

Phone(s): _____

Date of Birth (must be 16 on last day of class): _____

Member of an agency? YES/NO; If YES which one? _____

Email: _____

County of Residence: _____

Mandatory short meet and greet with instructors.

___ SAT 01AUG26 – 9AM or after CPR class ___ Unable to attend reason and available dates:

Do you have current certification in one of the listed CPR courses? Yes ___ No ___

If yes, attach a copy of your card to your application (Must be valid through MAY2027)

If no, please check ___ SAT 01AUG26–9AM → completion ___ Need class, but can't make 01AUG26

Please Answer:

Why do you want to take the NREMT class?

Will you have time to study outside of class? Do you have time to practice outside of class hours?

What do you intend to do with your NREMT Certification once obtained? Interested in volunteering with SVRS?

You are required to bring a tablet, iPad or computer brought to class for online activities. Do you know how use a computer/electronic device? Have you used a Learning Management System (LMS)?

My signature below certifies that I meet the minimum requirements listed on the information sheet.

Signed: _____ Date: _____

Class Rules

1. The Spotsylvania Volunteer Rescue Squad reserves the right to deny participation/remove any student in the EMT class whose conduct or work is not in the best interest of SVRS or Spotsylvania County Fire, Rescue and Emergency Management, provided such denial/removal does not violate any state or federal anti-discrimination laws and is otherwise lawful.
2. Conflict resolution: Disagreements between the student and educator(s) arising under or relating to this EMT class will be resolved only by consultation between the parties and will not be referred to a local, state, or federal court. If an agreement cannot be made between student and educator(s) the Operational Medical Director will have the final say.
3. All computers, laptops, and/or tablets should have the volume muted and only be used for class related purposes and not become a distraction. You should not be using cell phones to text during class, if you must take a call, please step out quietly. Cell phones should be silent.
4. Students will dress appropriately for class, wearing clothing that allows the student to perform practical exercises while not being a distraction to fellow students. Uniform will be required – EMS pants/student shirt this will be discussed the first night of class and implemented 2 weeks post first day of class.
5. During lecture/field/clinical shifts, the student must wear the issued uniform, to include closed toe shoes, dark slacks (NO JEANS) and the issued uniform shirt will be worn at all times. While on a scene during field shifts, a reflective vest indicating the student's status is to be worn at all times. You will be expected to respond to calls in the ambulance, be on scene, transport to a local hospital and turn over patient care inside the local hospital.
6. No disruptive behavior will be allowed. If disruptive behavior continues, student will be recommended for additional disciplinary actions up to removal from the program.
7. All students will remain respectful of all students and instructors.
8. Active participation by all class members is expected in all aspects of lecture discussion and psychomotor sessions. Subject/Topic matter related questions are encouraged. The OEMS has a third domain which is the affective domain. VAOEMS Affective Domain refers to the focus on the emotional and behavioral aspects of learning within the [Virginia Office of Emergency Medical Services \(VAOEMS\)](#) curriculum, which includes **professional attitudes, values, and behaviors** such as empathy, communication, teamwork, and integrity. While the cognitive and psychomotor domains focus on knowledge and skills, the affective domain addresses how EMS students develop and internalize professional conduct, with methods for assessment including reflective journals, attitude checklists, and evaluation of professional behaviors.
9. You are expected to arrive to class on time. Anyone arriving more than 20 minutes late is considered absent from class.

Night Classes begin at 7PM (1900)

Day Classes begin at 9 AM (0900)

******Any Classes deviating from this standard will be indicated as such in the course schedule.**

10. Missed classes (tardy and absences) may not exceed more than 10% in class course hours.
11. An overall 75% average and instructors' approval must be obtained in order to qualify to sit for the Certification Examination.
12. If a student receives a failing score on an exam, the student can have one attempt at retest the next class date at 1830 (m/w) or 0830 (s). If the re-test is failed then a remediation packet will be required to be completed to demonstrate a satisfactory understanding of the tested material. This remediation will only be offered twice. Should a third exam be double failed, the student will be recommended for removal from the program.
13. If a remediation packet is found to not demonstrate a satisfactory understanding of the material as decided by the reviewing panel, the student will be recommended for removal from the program.
14. Anyone who falsifies information or is found to be cheating will be immediately removed from the program. Withholding information as it pertains to the class is considering lying/falsifying information.

15. All day classes will be held at Spotsylvania Volunteer Rescue Squad's Shannon Training Center unless otherwise specified.

16. Textbooks and course materials:

Each student is expected to report to class with:

- Textbook (eBook or hard copy)
- Medium for note taking (electronic or paper)
- Writing implement
- Stethoscope and BP Cuff
- Issued PPE
- FISDAP Account

17. The primary text for this program will be:

- a. Limmer for Emergency Care, latest edition (eBook provided)

18. This is a fun class, but it does require time outside of class studying and practicing. Study groups are strongly encouraged.

19. Speaking of outside of class these are some classes that will be done on your own:

- a. Basic Life Support (if not completed with us on the 6th of December)
- b. FEMA IS-5.a - An introduction to Hazardous Materials
- c. FEMA IS-100.C – Introduction to the Incident Command System
- d. FEMA IS-200 – Basic Incident Command for Initial Review
- e. FEMA IS-700.B – An Introduction of National Incident Management Systems
- f. FEMA IS-800.D – National Response Framework
- g. AWR160 Texas A&M Weapons of Mass Destruction Awareness

SPOTSYLVANIA VOLUNTEER RESCUE SQUAD

FALL 2026 EMERGENCY MEDICAL TECHNICIAN CLASS SCHEDULE

Date	Day	Class Topics	Lead	Notes /Instructors	Chapter Topics
8/1/2026	Saturday	CPR and Interviews			CPR and Interviews
8/15/2026	Saturday	First Day Paperwork & Chapter 1		Payment Collected Cash or Check. Check should be made out to Spotsylvania Volunteer Rescue Squad	First night PPWRK; Register for OEMS/NREMT/Book and CANVAS; Go over skills book, Pictures, T-Shirts, Ride along paperwork; Ch 1 Introduction to Emergency Medical Care
8/17/2026	Monday	Chapter 2		Peer Support. Lingerin login/registration Issues	Ch 2 Well-Being of the EMT
8/19/2026	Wednesday	Chapter 4			Ch 4 Medical, Legal, and Ethical Issues
8/24/2026	Monday	Chapter 5 & 6			Ch 5 Medical Terminology & Ch 6 Anatomy Physiology
8/26/2026	Wednesday	Chapter 7			Ch 7 Pathophysiology
8/31/2026	Monday	Chapter 8			Ch 8 Life Span Development
9/2/2026	Wednesday	Chapter 9			Ch 9 Airway
9/7/2026	Monday	HOLIDAY			NO CLASS
9/9/2026	Wednesday	Chapter 10			Ch 10 Respiration and Artificial Ventilation
9/12/2026	Saturday	Chapter 3		Start your books!	Ch 3 Lifting and Moving / Vital Signs
9/14/2026	Monday	TEST 1-10 then Ch 17		Dispatch if possible (maybe be later)	Ch 17 Communication and Documentation
9/16/2026	Wednesday	CH 18			Ch 18 General Pharmacology
9/19/2026	Saturday	Ch 11-16		Ch 11-16 Medial/Trauma Scenario Practical defined, Vital Signs, Airway, Pharma; Get signatures in your books	Ch 11 Scene Size Up, Ch 12 Primary Assessment, Ch 13 Vital Signs and Monitoring Devices; Ch 14 Principles of Assessment and Ch 15 Secondary Assessment Ch 16 Reassessment
Can start patient contacts - must transport on an ambulance and enter local ERs					
9/21/2026	Monday	Ch 19			Ch 19 Respiratory Emergencies
9/23/2026	Wednesday	Ch 20			Ch 20 Cardiac Emergencies
9/28/2026	Monday	Ch 22			Ch 22 Diabetic Emergencies and Altered Mental Status
9/30/2026	Wednesday	CH 23			Ch 23 Allergic Reaction
10/5/2026	Monday	Ch 24			Ch 24 Infectious Disease and Sepsis
10/7/2026	Wednesday	Ch 25			Ch 25 Poisoning and Overdose Emergencies
10/10/2026	Saturday			Medical Assessments	Get signatures in your books
10/12/2026	Monday		Holiday	No Class	
10/14/2026	Wednesday	Ch 26			Ch 26 Abdominal Emergencies
10/17/2026	Saturday	Ch21		Airway; Vitals; Assessments, Cardiac Arrest - LUCAS;	Ch 21 Resuscitation; Get signatures in your books
10/19/2026	Monday	Ch 27			Ch 27 Behavioral and Psychiatric Emergencies and Suicide
10/21/2026	Wednesday	Ch 28			Ch 28 Hematologic and Renal Emergencies
Should have started patient contacts, ideal to have 5 and your book should be shaping up.					
10/24/2026	Saturday	Mid Term (1-28)		Medical Assessments - Mid Term 1500-1700	Get signatures in your books
10/26/2026	Monday	Ch 29 & 30			Ch 29 Bleeding and Shock and Ch 30 Soft Tissue Trauma
10/28/2026	Wednesday	Ch 31			Ch 31 Chest and Abdominal Trauma
10/31/26	Saturday	Ch 36		Lecture - OBGYN Practicals	Ch 36 Obstetric and Gynecologic Emergencies

11/2/2026	Wednesday	Ch 32&33			32 Musculoskeletal 33 Head, Neck and Spine Trauma
11/4/2026	Wednesday	Ch 34		Lecture - OBGYN Practicals	Ch 34 Multi System Trauma
11/9/2026	Monday	Ch 39 (MCIM I)			Ch 39 MCIM Lectures
11/11/2026	Wednesday		Holiday	No Class	
11/14/2026	Saturday	MCIM I&II Practicals		Medical & Trauma Assessments	MCIM I&II followed by Medical and Trauma Assessments - HELO OPS
11/16/2026	Monday	Ch 37			Ch 37 Emergencies for Patient with Special Challenges
Turn in: FEMA IS-5.a, FEMA IS-100.C, FEMA IS-200, FEMA IS-700.B, FEMA IS-800.D and AWR160 Texas A&M Weapons of Mass Destruction Awareness					
11/18/2026	Wednesday	Ch 35			Ch 35 Environmental Emergencies
11/21/2026	Saturday	Practicals		Medical & Trauma Assessments	Backboard, Splinting, OBGYN; Medical/Trauma
11/23/2026	Monday	CH 38			CH 38 - HAZMAT
11/25/2026	Wednesday	CH 40			Ch 40 Highway Safety and Vehicle Extrication
11/30/2026	Monday	Ch 41			CH 41 EMS Response to Terrorism
12/2/2026	Wednesday	CH 38 then Test 29-41			Ch 38 EMS Operations
12/5/2026	Saturday	Medical and Trauma		Last Practice	Final Practice
12/7/2026	Monday	Last Night PPWRK - final review/practice			Get final signatures.
12/9/2026	Wednesday	Final Exam (1-41)			Exam, collect books and 10 patient contacts - AHA BLS Turn in: FEMA IS-5.a, FEMA IS-100.C, FEMA IS-200, FEMA IS-700.B, FEMA IS-800.D and AWR160 Texas A&M Weapons of Mass Destruction Awareness
12/12/2026	Saturday	Final Psychomotor - potential retest on cognitive Exam		Final - you must be in attendance, no exceptions.	
Updated 06JUL26	SPOTSYLVANIA VOLUNTEER RESCUE SQUAD AUG-DEC 2026 EMERGENCY MEDICAL TECHNICIAN CLASS SCHEDULE				