



# Spotsylvania County



## Department of Fire, Rescue and Emergency Management

### TRAINING NOTICE – PLEASE POST

2022-0017

7/5/2022

- COURSE:** **Emergency Medical Technician (EMT) Course**
- DATE(S) / TIME:** July 31, 2022 – December 12, 2022  
Mondays and Wednesdays 6:30 PM to 10:00 PM  
Some Saturdays 8:30 AM to 5:00 PM  
(See attached schedule for specific dates & times)
- LOCATION:** Shannon Training Center  
8711 Courthouse Road  
Spotsylvania, VA 22553
- REGISTRATION:** Completed course applications should be emailed to Kimberly Madison at [madisonkg@gmail.com](mailto:madisonkg@gmail.com). Anyone registering for this class must submit an application. If you do not have the capability to email the application, please contact the below POC to make other arrangements.
- INSTRUCTOR(S):** Spotsylvania Volunteer Rescue Squad Cadre
- PREREQUISITE(S):** Must be a minimum of 16 years old first day of course, must hold current certification in an OEMS approved CPR course; be proficient in reading, writing and speaking the English language; and have no physical or mental impairment that would render you unable to perform all cognitive and psychomotor skills required for this level of certification.
- DESCRIPTION:** See attached flyer for cost, schedule, and mandatory informal interview sessions.
- FOR INFORMATION:** SVRS Chief Kimberly Madison, 540-840-1709  
Email: [madisonkg@gmail.com](mailto:madisonkg@gmail.com)

**\*\*NOTE: OVERTIME AND FUNDING FOR PARTICIPATION IN THIS TRAINING HAS NOT  
BEEN APPROVED\*\***

Department of Fire, Rescue, and Emergency Management  
**P**rofessionalism, **R**espect, **I**ntegrity, **D**edication, **E**xcellence



# EMERGENCY MEDICAL TECHNICIAN COURSE

Dear Prospective EMT Student –

Thank you for your interest in the EMT Course. The intention of the Emergency Medical Technician (EMT) certification program is to train an individual to function independently in a medical emergency. The course provides the basic knowledge and skills needed to deliver Basic Life Support (BLS) care and is required to progress to more advanced levels of prehospital patient care.

The course requires a minimum of 154 hours of classroom and skills instruction and approximately 24 hours of Clinical/Field rotations. For these rotations, you will need to ride an ambulance to obtain ten (10) patient contacts. This course is setup to train individuals to serve as a vital link in the chain of the health care team. This includes all skills necessary to provide emergency medical care as an attendant-in-charge (AIC) on a BLS ambulance.

Eligibility to attend an Emergency Medical Technician course in Virginia requires that you must:

- (1) Be proficient in reading, writing and speaking the English language.
- (2) Be a minimum of 16 years of age at the beginning date of the certification course. If less than 18 years of age, you must provide the course coordinator with a completed parental permission form with the signature of a parent or guardian verifying approval for enrollment in the course.
- (3) Have no physical or mental impairment that would render them unable to perform all cognitive and psychomotor skills required for that level of certification.
- (4) Hold current certification in an Office of Emergency Medical Services approved Cardiopulmonary Resuscitation (CPR) course at the beginning date of the course. This certification must also be current at the time of state testing.

The majority of the classes will be at the Shannon Training Center located at 8711 Courthouse Road in Spotsylvania County. Classes take place on Mondays, Wednesdays and some Saturdays (the schedule is below). Topic schedule may change, but the dates will remain. For those that have heard about the class in the past we are modifying the start times to 6:30pm. We will be giving online quizzes in the first half hour which will be used for attendance, participation and progress.

We will offer two CPR Courses: Monday 01AUG22 or Wednesday 03AUG22 – 6:30PM until complete. If you are unable to attend our dates, you can take a course from another source, but must bring a valid card the first night of class 08AUG22.

The current CPR courses, which are acceptable by the Virginia Office of EMS to meet the standard, are:

- American Heart Association - Basic Cardiac Life Support - "Healthcare Provider"
- American Red Cross - "CPR/AED for the Professional Rescuer and Healthcare Provider" or CPR/AED for Lifeguards
- American Safety and Health Institute – "CPR-PRO"
- Emergency Care and Safety Institute "Professional Rescuer" / "Healthcare Provider CPR & AED"  
EMERGENCY MEDICAL TECHNICIAN COURSE
- EMS Safety Services, Inc. – CPR/AED for Professional Rescuers (2/1/2014)
- Medic First Aid - BLS for Professionals "BLSPRO"
- National Safety Council – "Healthcare and Professional Rescuer"
- ProCPR – "Healthcare Provider"

The cost for the course is \$400 is due in full on Monday 08AUG22. This cost includes electronic textbook, CPR certification, student shirt, initial testing fees, blood pressure cuff and stethoscope. This fee will be due on the first night of EMT class. You will need to have access to a computer for this class and to access your textbook. Homework, quizzes and/or tests will require the use of a computer both inside and outside of class. You must have time to study and practice outside of class to be successful.

There will be an informal interview (more of a meet and greet) setup after your pre-course exam –this will be on Sunday 31JUL22 starting at 1PM. When we receive your application, we will send you a study guide for the exam. The exam should take approx. 1 hour afterwards we will meet with you individually. If you do not receive an e-mail with the study guide, please contact me at [madisonkg@gmail.com](mailto:madisonkg@gmail.com). If you are unavailable on the 31<sup>st</sup> please let me know and we will attempt to accommodate.

E-mail your applications to [madisonkg@gmail.com](mailto:madisonkg@gmail.com). Anyone registering for this class must submit an application. If you do not have the capability to e-mail the application, please contact the below to make other arrangements. If you should have any questions, please feel free to contact the course coordinator whose contact information, listed below. By or before 8AM on 04AUG22, you will receive acceptance into the EMT class.

*Kimberly G. Madison*

Kimberly Madison, Course Coordinator  
[madisonkg@gmail.com](mailto:madisonkg@gmail.com)  
540-840-1709 cell phone

## EMT BASIC COURSE APPLICATION

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone(s): \_\_\_\_\_

Date of Birth (must be 16 on first day of class): \_\_\_\_\_

Member of an agency? YES/NO; If YES which one? \_\_\_\_\_

Email: \_\_\_\_\_

County of Residence: \_\_\_\_\_

**Mandatory pre-course exam and short meet and greet with instructors.**

\_\_\_\_\_ SUN 31JUL22 – 1PM-done

\_\_\_\_\_ Unable to attend reason: \_\_\_\_\_

Please note if you need CPR you will need to select a different date from your CPR class

**Do you have current certification in one of the listed CPR courses? Yes \_\_\_\_ No \_\_\_\_**

If yes, attach a copy of your card to your application (Must be valid through DEC22)

If no, please check which class you will attend:

\_\_\_\_ MON– 01AUG22 6PM until completion

\_\_\_\_ WED– 03AUG22 6PM until completion

**Please Answer:**

Why do you want to take the NREMT class?

\_\_\_\_\_

\_\_\_\_\_

Do you have time to put in time outside of class hours?

\_\_\_\_\_

\_\_\_\_\_

What do you intend to do with your NREMT Certification once obtained?

\_\_\_\_\_

\_\_\_\_\_

You are required to bring a tablet, iPad or computer brought to class for online activities. Any issue?

\_\_\_\_\_

\_\_\_\_\_

My signature below certifies that I meet the minimum requirements listed on the information sheet.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

# Class Rules

1. No radios or cellular phones in class. All computers, laptops, and/or tablets should have the volume muted and only be used for class related purposes and not become a distraction.
2. Students will dress appropriately for class, wearing clothing that allows the student to perform practical exercises while not being a distraction to fellow students. Uniform will be required – EMS pants/student shirt this will be discussed the first night of class and implemented 2 weeks post.
3. During lecture/field/clinical shifts, the student must wear the issued uniform, to include closed toe shoes, dark slacks (NO JEANS) and the issued uniform shirt will be worn at all times. While on a scene during field shifts, a reflective vest indicating the student's status is to be worn at all times.
4. No disruptive behavior will be allowed. If disruptive behavior continues, student will be recommended for additional disciplinary actions.
5. All students will remain respectful of all students and instructors.
6. Active participation by all class members is expected in all aspects of lecture discussion and psychomotor sessions. Subject/Topic matter related questions are encouraged.
7. You are expected to arrive to class on time. Anyone arriving more than 20 minutes late is considered absent from class.

**Night Classes** begin at 6:30PM

**Day Classes** begin at 8:30AM

**\*\*\*\*Any Classes deviating from this standard will be indicated as such in the course schedule.**

8. Missed classes (tardy and absences) may not exceed more than 10% in class course hours.
9. An overall 75% average must be obtained in order to qualify to sit for the State Certification Examination.
10. If a student receives a failing score on an exam, a remediation packet will be required to be completed to demonstrate a satisfactory understanding of the tested material. This remediation will only be offered twice. Should a third exam be failed, the student will be recommended for removal from the program.
11. If a remediation packet is found to not demonstrate a satisfactory understanding of the material as decided by the reviewing panel, the student will be recommended for removal from the program.
12. Anyone who falsifies information or is found to be cheating will be immediately removed from the program.
13. All day classes will be held at Spotsylvania Volunteer Rescue Squad's Shannon Training Center unless otherwise specified.
14. Textbooks and course materials:  
Each student is expected to report to class with:
  - Textbook (eBook or hard copy)
  - Medium for note taking (electronic or paper)
  - Writing implement
  - Stethoscope and BP Cuff
  - Issued PPE
  - FISDAP Account
15. The primary text for this program will be:
  - a. Jones and Bartlett Advantage Access for Emergency Care and Transportation of the Sick and Injured, latest edition (eBook provided)

Unit	Date/Day	Time	Topic	CH	Instructor
Interviews	JUL 31 <sup>st</sup> Sunday	1p-6p	Pretest followed by short “interview”		
CPR	AUG 1 <sup>st</sup> OR AUG 3 <sup>rd</sup>	6p-10p	CPR (Monday or Wednesday) Only if you need CPR		
Students notified no later than 8AM on Thursday 04AUG22 if you are in the class					
	AUG 8 <sup>th</sup> Monday	6:30p-10p	Course Introduction and Overview CISM		
	AUG 10 <sup>th</sup> Wednesday	6:30p-10p	EMS System & Workforce Safety and Wellness		
	AUG 15 <sup>th</sup> Monday	6:30p-10p	Medical, Legal and Ethical Issues		
	AUG 17 <sup>th</sup> Wednesday	6:30p-10p	Communication & Documentation <b>Practical Skill – Radios</b>		
	AUG 22 <sup>nd</sup> Monday	6:30p-10p	Infection Control		
	AUG 24 <sup>th</sup> Wednesday	6:30p-10p	Medical Terminology The Human Body		
<b>Operations</b>	AUG 27 <sup>th</sup> Saturday	8:30a-5p	HAZMAT		
	AUG 29 <sup>th</sup> Monday	6:30p-10p	Life Span Development Lifting and Moving Patients Patient Assessment		
	AUG 31 <sup>st</sup> Wednesday	6:30p-10p	Transport Operations Vehicle Extrication & Special Rescue		
	SEP 7 <sup>th</sup> Wednesday	6:30p-10p	Team Approach HELO OPS (TBD) / Review for OPS Test		
	SEP 12 <sup>th</sup> Monday	6:30P-10P	Terrorism Response and Disaster MCIM I		
	SEP 14 <sup>th</sup> Wednesday	6:30P-10P	MCIM I Tabletop		
<b>Airway</b>	SEP 17 <sup>th</sup> Saturday	08:30a-5p	<b>Practical:</b> Vitals signs / Lifting and moving Stretcher and Stair Chair		
	SEP 19 <sup>th</sup> Monday	6:30p-10p	<b>Operations Test (Ch 8, 38- 41)</b> <b>Practical Skill – Stretcher load / Stair Chair</b> Patient Assessment		
	SEP 21 <sup>st</sup> Wednesday	6:30p-10p	<b>Operations Retest</b> <b>Practical Skill – Stretcher load / Stair Chair</b> Airway Management		
<b>Cardiology</b>	SEP 24 <sup>th</sup> Saturday	8:30a-5p	<b>Practical:</b> Airway; Vital Signs; KING LTD, Capnography ; Suctioning		
	SEP 26 <sup>th</sup> Monday	6:30p-10p	<b>Operations Remediation Due</b> Respiratory Emergencies Principles of Pharmacology		
	SEP 28 <sup>th</sup> Wednesday	6:30p-10p	<b>Airway Test (1-7, 10 &amp; 15)</b> <b>Practical Skill – Airway Skill Sheet</b> Shock <b>Research Project Topics Due</b>		

	OCT 3 <sup>rd</sup> Monday	6:30-10p	<b>Airway Retest (1-7, 10 &amp; 15)</b> <b>Practical Skill – Airway Skill Sheet</b> Cardiovascular Emergencies		
	OCT 5 <sup>th</sup> Wednesday	6:30p-10p	<b>Airway Remediation Due</b> BLS Resuscitation lecture and practice		
	OCT 8 <sup>th</sup> Saturday	8:30a-5p	<b>Practical:</b> EKG, Cardiac Assessment Cardiac Arrest Management, Airway Assist, Medication admin, Intro to medical/trauma assessment		
	OCT 10 <sup>th</sup> Monday	6:30p-10p	<b>Cardiology Test (Ch 12-14, 17)</b> <b>Practical Skill – IM / IH Med Admin</b> Trauma Overview		
Trauma	OCT 12 <sup>th</sup> Wednesday	6:30p-10p	<b>Cardiology Retest</b> <b>Practical Skill – IM / IH Med Admin</b> Bleeding & Shock		
	OCT 15 <sup>th</sup> Saturday	8:30a-10p	<b>Practical(s):</b> Splinting, Bleeding & Shock, Backboard; Airway		
	OCT 17 <sup>th</sup> Monday	6:30p-10p	<b>Cardiology Remediation Due</b> Soft Tissue Injuries Face and Neck Injuries		
	OCT 19 <sup>th</sup> Wednesday	6:30p-10p	Head and Spinal Injuries Chest Injuries		
	OCT 24 <sup>th</sup> Monday	6:30p-10p	Abdominal and GU		
	OCT 26 <sup>th</sup> Wednesday	6:30p-10p	Environmental Injuries		
	OCT 29 <sup>th</sup> Saturday	8:30a-5p	Orthopedic Injuries <b>Practical:</b> Splinting, Spinal Immobilization, Trauma Assessment, Bleeding Control, <b>***First five (5) patient contacts due***</b>		
	OCT 31 <sup>st</sup> Monday	6:30p-10p	<b>Trauma Test (Ch 25-33)</b> <b>Practical Skill – TQ Placement or Splinting</b>		
	NOV 2 <sup>nd</sup> Wednesday	6:30p-10p	<b>Trauma Retest</b> <b>Practical Skill – TQ Placement or Splinting</b> Medical Overview Neurologic Emergencies		

<b>Medical</b>	NOV 7 <sup>th</sup> Monday	6:30p-10p	<b>Trauma Remediation Due</b> GI and Urologic Endocrine & Hematologic, Immunologic Emergencies		
	NOV 9 <sup>th</sup> Wednesday	6:30p-10p	Toxicology Psychiatric Emergencies <b>Trauma and Medical Assessments Due</b>		
	<b>NOV 12<sup>th</sup> Saturday</b>	8:30a-5p	<b>Practical:</b> Patient restraint, Neuro Assessments, Immunological Assessments, Medical Assessments and Endocrine Assessments		
	Monday NOV 14 <sup>th</sup>	6:30p-10p	<b>Medical Test (Ch 15, 18-23)</b> <b>Practical Skill - Checking a FSBS / BEFAST</b> GYN Emergencies		
<b>OB/Peds</b>	Homestretch ... All 10 Patient contacts, ICS 100, 200, 700 and 800 and Research Projects are all due soon. Medical and Trauma Assessments should have been submitted.				
	NOV 16 <sup>th</sup> Wednesday	6:30P-10P	<b>Medical Retest</b> <b>Practical Skill - Checking a FSBS / BEFAST</b> OB and Neonate Care		
	NOV 19 <sup>th</sup> Saturday	8:30a-5p	Practical: MCIM, Wilderness Rescues, Environmental Assessments <b>*****AT RRTC*****</b> <b>***ICS 100, 200, 700 and 800 are due***</b>		
	NOV 21 <sup>st</sup> Monday	6:30p-5p	<b>Medical Remediation Due</b> Pediatrics		
	NOV 28 <sup>th</sup> Monday	6:30P-10P	<b>Geriatrics and Special Populations</b>		
	NOV 30 <sup>th</sup> Wednesday	6:30p-10p	<b>Practical:</b> OB Assessments, Childbirth, Newborn Assessments		
	DEC 3 <sup>rd</sup> Saturday	8:30a-5p	<b>Practical:</b> <b>Final Psychomotor Practice</b>		
	DEC 5 <sup>th</sup> Monday	6:30P-10P	<b>OB/PEDS Test (Ch 24, 34, 35)</b> <b>Practical Skill - Perform an APGAR / Assist with Complicated delivery</b> <i>Review Psychomotor/Cognitive</i>		
	DEC 7 <sup>th</sup> Wednesday	6:30P-10P	<b>OB/PEDS Retest</b> <b>Practical Skill - APGAR / Assist with Complicated delivery</b> <i>Final Review Psychomotor/Cognitive</i>		
	DEC 10 <sup>th</sup> Saturday	8:30a-5p	<b>Final ("State") Psychomotor Fisdap Cognitive Exam</b> <b>OB/PEDS Remediation Due</b> <b>Research Projects Due</b> <b>***All ten (10) patient contacts due***</b>		
	DEC 12 <sup>th</sup> Monday	6:30P-10P	<b>Last Day Paperwork</b> <b>Fisdap Cognitive/Psychomotor (Retest)</b>		